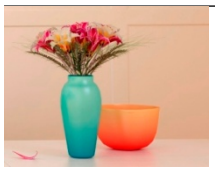


The Therapy Practice London

Neuropsychological Provision

About Clinical Neuropsychology - Practicalities

Clinical neuropsychology is a specialist area of clinical psychology concerned with the relationship between the brain, behaviour, thinking skills, emotions and day-to-day functioning. A clinical neuropsychologist has specialist training and experience in understanding how neurological, psychological and physical health factors can affect cognition, mood, behaviour, relationships, work and independence.

At The Therapy Practice London, neuropsychological services are provided by **Dr Daniel Silva**, a Consultant Clinical Psychologist and Neuropsychologist registered with the Health and Care Professions Council.

Dr Silva works with people experiencing cognitive, emotional and psychological difficulties in the context of neurological conditions, brain injury, functional neurological symptoms, neuropsychiatric presentations, trauma, adjustment difficulties and complex psychological needs. The website also notes that he works integratively, drawing on models including CBT, EMDR, CFT, DBT, Systemic Therapy and CAT.

Confidentiality

Information shared during assessment or therapy is treated confidentially. Brief clinical records are kept in line with professional, legal and regulatory requirements.

Information will not usually be shared with other people or organisations without your consent. However, there are important limits to confidentiality. If there are serious concerns about your safety, the safety of another person, the welfare of a child or vulnerable adult, or if disclosure is required by law, it

may be necessary to share relevant information with appropriate professionals or agencies. Where possible, this would be discussed with you first.

As part of good professional practice, aspects of clinical work may also be discussed within confidential clinical supervision or professional consultation. Identifying information is kept to a minimum wherever possible, and the same standards of confidentiality apply.

Further information regarding data protection, record retention and how personal information is processed is available within the Practice Privacy Policy.

Limits of the Service

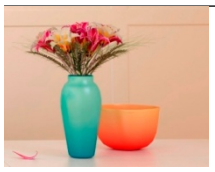
The Therapy Practice London is a private outpatient service and is not an emergency or crisis service. It cannot provide urgent risk management, 24-hour support or emergency mental health care.

If you are in immediate danger, feel unable to keep yourself safe, or require urgent medical or psychiatric help, you should contact your GP, NHS 111, your local crisis team, attend A&E, or call 999 in an emergency.

Neuropsychological input may not be suitable where there is a level of risk, complexity or need that requires a multidisciplinary crisis service, inpatient care, intensive community mental health input or specialist medical management. If this is the case, this will be discussed with you and signposting may be offered where appropriate.

Driving and Safety

In some circumstances, assessment findings or clinical information may raise questions about driving safety. If this occurs, this will be discussed with you sensitively. Drivers also have a legal responsibility to inform the DVLA of certain neurological, cognitive or medical conditions which may affect fitness to drive.



The Therapy Practice London

Fees

Fees for neuropsychological assessment vary depending on the complexity of the referral question, the amount of testing required, the need for document review, and the type of written report requested.

Indicative fees are as follows:

- Initial neuropsychological consultation: £750
- Neuropsychological assessment package including: Cognitive testing, scoring, interpretation and written recommendations: £175 per clinical hour, usually requires a minimum of 12-15 hours.
- Neuropsychological rehabilitation or therapy sessions: £175 per session
- Portuguese-language neuropsychological assessment: £275 per clinical hour; charged at a specialist rate due to the use of validated Portuguese-language materials and specialist interpretation requirements

A clear estimate will be provided before assessment begins. Where additional work is required, such as extended document review, liaison with other professionals, additional testing or a more detailed report, this will be discussed in advance wherever possible.

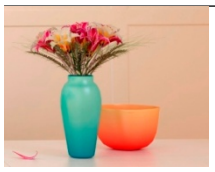
Payment

Payment is usually made at the end of each session unless otherwise agreed. For assessment packages, payment arrangements will be clarified before the assessment begins.

If you are using private medical insurance, you will need to confirm authorisation with your insurer in advance. Some information may need to be shared with your insurer for invoicing, authorisation or clinical governance purposes.

Cancellation Policy

We have a 48-hour cancellation policy. If you need to cancel or rearrange an appointment, please contact the practice as soon as possible. Appointments cancelled or rearranged with less than 48 hours' notice may be charged.



The Therapy Practice London

Practical Information

Appointments are by arrangement only (please email info@thetherapypractice.london) and take place either online or in person:

The Therapy Practice London
40 Liberty Bridge Road
East Village
Stratford
London E20 1AS

Please bring glasses, hearing aids or any other items you need to complete written or visual tasks comfortably. For neuropsychological assessments, it can also be helpful to bring a list of medications and any relevant medical or therapy reports.

Contact

For further information, to discuss whether neuropsychological assessment or therapy may be suitable, or to request an appointment, please contact The Therapy Practice London via the contact details on the website.